



WELLNESS WHEEL FOR LIFE

Desert Garden Montessori Initiative

Community Initiative



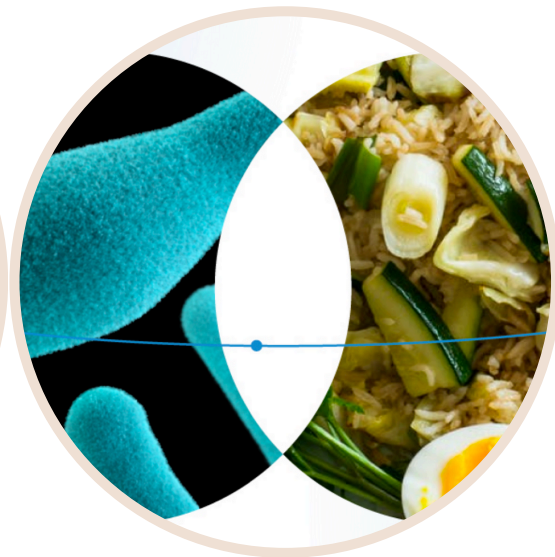
Restore Your Gut

In partnership with **Navipoint Health**, we have access to your microbiome health.

Receive a test kit.
Complete instructions.
Return to DGM.
When ready, you can do a **post-microbiome test**.

Microbiome Report

You will receive a highly individualized report microbiome results, including recommendations on super foods and avoid list.



Accessible Wellness

We have in-house Wellness Coaches that are accessible to guide you through the process.

We also have other resources such as Wellness Farm Bags, list of experts that can help you through your Wellness journey.

To know more about this initiative:
Wellness@desertgardenmontessori.org