

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			<u>1</u> <u>Lunch:</u> Sweet and Sour Chicken/Tempeh, Brown Rice with Kale Mushrooms Garlic and Soy, Raw Papaya Salad with Cilantro and Lime, Sliced Banana with Coconut Pudding <u>AM Snack:</u> Sprouted English Muffins with Earthbound Butter <u>PM Snack:</u> Pirate Booty Oranges	<u>2</u> <u>Lunch:</u> Roasted Red Pepper Soup Garlic Bread, Carrots and Broccoli, Raw, Hard Boiled Egg, Brownie Bites w/ Bananas <u>AM Snack:</u> Stone Ground Crackers and Cheese Sticks <u>PM Snack:</u> Apples & Animal Cookies
<u>5</u> <u>Lunch:</u> Spinach Tofu Lasagna, Sautéed Broccoli with Sea Salt, Bread and Butter, Fresh Berry Mix or Seasonal Fruit <u>AM Snack:</u> Stone Ground Wheat Crackers and Cheese Sticks <u>PM Snack:</u> Apples Animal Cookies	<u>6</u> <u>Lunch:</u> Handmade Chicken/Tofu Nuggets, Seasoned Baby Red Potatoes with Butter, Green Beans with Garlic and Lemon Pepper, Greek Yogurt with Organic Raspberries <u>AM Snack:</u> Bagels with Butter Jam <u>PM Snack:</u> Quinoa Chips Oranges	<u>7</u> <u>Lunch:</u> Street Tacos with Chicken/Beyond Chicken and Mushrooms, Seasoned Black Beans, Organic Tortilla Chips with Homemade Salsa, Chocolate Chip Cookies <u>AM Snack:</u> Hummus and Sea Salt Rice Chips <u>PM Snack:</u> Pretzels Apples	<u>8</u> <u>Lunch:</u> Asian Quinoa pasta with Tofu and Soy Sauce, Stir Fry Mixed Seasonal Veggies, Seasoned Edamame in Pods, Mango Pudding <u>AM Snack:</u> Sprouted English Muffins with Earthbound Butter <u>PM Snack:</u> Pirate Booty Oranges	<u>9</u> <u>Lunch:</u> Sunflower Butter and Jelly Sandwiches, Organic Potato Chips, Raw Broccoli with Homemade Ranch Dressing, Homemade Cacao Brownies <u>AM Snack:</u> Stone Ground Crackers and Cheese Sticks <u>PM Snack:</u> Apples Animal Cookies
<u>12</u> <u>Lunch:</u> Linguini Pasta with Creamy Pesto Sauce, Berry Salad with Homemade Blueberry Dressing, Garlic Toast with Bruschetta, Italian Ricotta Cookies <u>AM Snack:</u> Stone Ground Wheat Crackers and Cheese Sticks <u>PM Snack:</u> Apples Animal Cookies	<u>13</u> <u>Lunch:</u> Pancakes with Earth balance Butter and Maple Syrup, Chicken Sausage, Seasoned Breakfast Potatoes, Fresh Seasonal Fruit (Strawberries) <u>AM Snack:</u> Bagels with Butter Jam <u>PM Snack:</u> Quinoa Chips Oranges	<u>14</u> <u>Lunch:</u> Chicken/Beyond Chicken Fajitas with Organic Flour Tortillas, Spanish Rice with Corn and Green Chilies, Organic Tortilla Chips with Homemade Salsa, Sliced Oranges, <u>AM Snack:</u> Hummus and Sea Salt Rice Chips <u>PM Snack:</u> Pretzels Apples	<u>15</u> <u>Lunch:</u> Yellow Thai Curry with Potatoes and Tofu, Organic White Basmati Rice, Carrots with Teriyaki Glaze, Fresh Seasonal Fruit (Kiwis and Blueberries) <u>AM Snack:</u> Sprouted English Muffins with Earthbound Butter <u>PM Snack:</u> Pirate Booty Oranges	<u>16</u> <u>Lunch:</u> Grilled Cheese with Oat Bread, Homemade Tomato Soup, Cucumbers and Carrots with Ranch Dressing, Homemade Apple Sauce with Cinnamon <u>AM Snack:</u> Stone Ground Crackers and Cheese Sticks <u>PM Snack:</u> Apples Animal Cookies
<p style="text-align: center;">President's Day. School Closed. Childcare Only. Please pack sack lunch.</p>	<u>20</u> <u>Lunch:</u> Cheese or Pepperoni Pizza, Mediterranean Salad with Italian Vinaigrette, Sautéed Asparagus, Oatmeal Cranberry Cookie, <u>AM Snack:</u> Bagels with Butter Jam <u>PM Snack:</u> Quinoa Chips Oranges	<u>21</u> <u>Lunch:</u> Chili Tortilla Bake with Beans and Cheese, Mexican Fideo Pasta, Chips and Guacamole with Salsa, Sliced Bananas with Chocolate Sauce Drizzle <u>AM Snack:</u> Hummus and Sea Salt Rice Chips <u>PM Snack:</u> Pretzels Apples	<u>22</u> <u>Lunch:</u> Honey Sirach Chicken, Brown Rice with Bok Choy and Green Onions, Sugar Snap Peas with Garlic and Soy Sauce, Fresh Seasonal Fruit (Pineapple Chunks) <u>AM Snack:</u> Sprouted English Muffins with Earthbound Butter <u>PM Snack:</u> Pirate Booty Oranges	<u>23</u> <u>Lunch:</u> Chicken/Veggie Hot Dogs with Buns, Roasted Sweet Potatoes with Seasoning, Sweet Corn, Fresh Seasonal Fruit (Pears) <u>AM Snack:</u> Stone Ground Crackers and Cheese Sticks <u>PM Snack:</u> Apples Animal Cookies
<u>26</u> <u>Lunch:</u> Spaghetti Tacos, Homemade Seasoned Black Beans, Sliced Raw Veggies with Ranch, No Bake Cheesecake with Blueberries <u>AM Snack:</u> Stone Ground Wheat Crackers and Cheese Sticks <u>PM Snack:</u> Apples Animal Cookies	<u>27</u> <u>Lunch:</u> Chicken/Tempeh Pineapple Teriyaki, Vegetable Fried Rice, Cucumber and Onion Salad with Rice Wine Vinegar, Fresh Seasonal Fruit (Kiwis and Blueberries) <u>AM Snack:</u> Bagels with Butter Jam <u>PM Snack:</u> Quinoa Chips Oranges	<u>28</u> <u>Lunch:</u> Cheese Crisp with Scallions and Tomatoes, Refried Bean Dip with Salsa and Chips, Mexican Corn and Red Peppers and Scallions Sautee, Fresh Seasonal Fruit <u>AM Snack:</u> Hummus and Sea Salt Rice Chips <u>PM Snack:</u> Pretzels Apples		