

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>2</u> Lunch: Spinach Tofu Lasagna, Sautéed Broccoli with Sea Salt, Bread and Butter, Fresh Berry Mix or Seasonal Fruit</p> <p>AM Snack: Stone Ground Wheat Crackers and Cheese Sticks</p> <p>PM Snack: Apples Animal Cookies</p>	<p><u>3</u> Lunch: Handmade Chicken/Tofu Nuggets, Seasoned Baby Red Potatoes with Butter, Green Beans with Garlic and Lemon Pepper, Greek Yogurt with Organic Raspberries</p> <p>AM Snack: Bagels with Butter Jam</p> <p>PM Snack: Quinoa Chips Oranges</p>	<p><u>4</u> Lunch: Street Tacos with Chicken/Beyond Chicken and Mushrooms, Seasoned Black Beans, Organic Tortilla Chips with Homemade Salsa, Chocolate Chip Cookies</p> <p>AM Snack: Hummus and Sea Salt Rice Chips</p> <p>PM Snack: Pretzels Apples</p>	<p><u>5</u> Lunch: Asian Quinoa pasta with Tofu and Soy Sauce, Stir Fry Mixed Seasonal Veggies, Seasoned Edamame in Pods, Mango Pudding</p> <p>AM Snack: Sprouted English Muffins with Earthbound Butter</p> <p>PM Snack: Pirate Booty Oranges</p>	<p><u>6</u> Lunch: Grilled Cheese with Oat Bread, Homemade Tomato Soup, Cucumbers and Carrots with Ranch Dressing, Homemade Apple Sauce with Cinnamon</p> <p>AM Snack: Stone Ground Crackers and Cheese Sticks</p> <p>PM Snack: Apples Animal Cookies</p>
<p><u>9</u> Lunch: Linguini Pasta with Creamy Pesto Sauce, Berry Salad with Homemade Blueberry Dressing, Garlic Toast with Bruschetta, Italian Ricotta Cookies</p> <p>AM Snack: Stone Ground Wheat Crackers and Cheese Sticks</p> <p>PM Snack: Apples Animal Cookies</p>	<p><u>10</u> Lunch: Pancakes with Earth balance Butter and Maple Syrup, Chicken Sausage, Seasoned Breakfast Potatoes, Fresh Seasonal Fruit (Strawberries)</p> <p>AM Snack: Bagels with Butter Jam</p> <p>PM Snack: Quinoa Chips Oranges</p>	<p><u>11</u> Lunch: Chicken/Beyond Chicken Fajitas with Organic Flour Tortillas, Spanish Rice with Corn and Green Chilies, Organic Tortilla Chips with Homemade Salsa, Sliced Oranges,</p> <p>AM Snack: Hummus and Sea Salt Rice Chips</p> <p>PM Snack: Pretzels Apples</p>	<p><u>12</u> Lunch: Yellow Thai Curry with Potatoes and Tofu, Organic White Basmati Rice, Carrots with Teriyaki Glaze, Fresh Seasonal Fruit (Kiwis and Blueberries)</p> <p>AM Snack: Sprouted English Muffins with Earthbound Butter</p> <p>PM Snack: Pirate Booty & Oranges</p>	<p><u>13</u> Lunch: Sunflower Butter and Jelly Sandwiches, Organic Potato Chips, Raw Broccoli with Homemade Ranch Dressing, Homemade Cacao Brownies</p> <p>AM Snack: Stone Ground Crackers and Cheese Sticks</p> <p>PM Snack: Apples Animal Cookies</p>
<p><u>16</u> Lunch: Fusilli Pasta with Veggies Garlic and Olive Oil, Chopped Kale with Romaine Green Apples with Lemon Dressing, Lavosh with Parmesan Cheese and Garlic, Fruit Crisp with Granola</p> <p>AM Snack: Stone Ground Wheat Crackers and Cheese Sticks</p> <p>PM Snack: Apples Animal Cookies</p>	<p><u>17</u> Lunch: Cheese or Pepperoni Pizza, Mediterranean Salad with Italian Vinaigrette, Sautéed Asparagus, Oatmeal Cranberry Cookie,</p> <p>AM Snack: Bagels with Butter Jam</p> <p>PM Snack: Quinoa Chips Oranges</p>	<p><u>18</u> Lunch: Chili Tortilla Bake with Beans and Cheese, Mexican Fideo Pasta, Chips and Guacamole with Salsa, Sliced Bananas with Chocolate Sauce Drizzle</p> <p>AM Snack: Hummus and Sea Salt Rice Chips</p> <p>PM Snack: Pretzels Apples</p>	<p><u>19</u> Lunch: Honey Sirach Chicken, Brown Rice with Bok Choy and Green Onions, Sugar Snap Peas with Garlic and Soy Sauce, Fresh Seasonal Fruit (Pineapple Chunks)</p> <p>AM Snack: Sprouted English Muffins with Earthbound Butter</p> <p>PM Snack: Pirate Booty Oranges</p>	<p><u>20</u> Lunch: Chicken/Veggie Hot Dogs with Buns, Roasted Sweet Potatoes with Seasoning, Sweet Corn, Fresh Seasonal Fruit (Pears)</p> <p>AM Snack: Stone Ground Crackers and Cheese Sticks</p> <p>PM Snack: Apples Animal Cookies</p>
<p><u>23</u> Lunch: Spaghetti Tacos , Homemade Seasoned Black Beans, Sliced Raw Veggies with Ranch, No Bake Cheesecake with Blueberries</p> <p>AM Snack: Stone Ground Wheat Crackers and Cheese Sticks</p> <p>PM Snack: Apples and Animal Cookies</p>	<p><u>24</u> Lunch: Chicken/Tempeh Pineapple Teriyaki, Vegetable Fried Rice, Cucumber and Onion Salad with Rice Wine Vinegar, Fresh Seasonal Fruit (Kiwis and Blueberries)</p> <p>AM Snack: Bagels with Butter Jam</p> <p>PM Snack: Quinoa Chips Oranges</p>	<p><u>25</u> Lunch: Cheese Crisp with Scallions and Tomatoes, Refried Bean Dip with Salsa and Chips, Mexican Corn and Red Peppers and Scallions Sautee, Fresh Seasonal Fruit</p> <p>AM Snack: Hummus and Sea Salt Rice Chips</p> <p>PM Snack: Pretzels Apples</p>	<p><u>26</u> Lunch: Homemade Mac and Cheese, Zucchini and Squash Sautee, Homemade Biscuits with Honey Butter, Baked Sliced Apples</p> <p>AM Snack: Sprouted English Muffins with Earthbound Butter</p> <p>PM Snack: Pirate Booty Oranges</p>	<p><u>27</u> Lunch: Mozzarella Sandwich with Marinara Sauce, Homemade Kale Chips with Sea Salt, Green Garden Salad with Homemade French Dressing, Banana Spinach and Avocado Smoothie</p> <p>AM Snack: Stone Ground Crackers and Cheese Sticks</p> <p>PM Snack: Apples Animal Cookies</p>