

Good Evening!

I hope this email finds you all healthy and well. In an effort to keep communication open and help you all out as best as I can I will be sending a list of daily activities you can do at home with your toddler. It's entirely up to you what things you choose to implement this.

Everyday from 10:45-11:00, I will be going live on Facebook to do group time for the kids. You should be able to watch it any time after it's recorded if that time isn't convenient for you.

I know most of you will be juggling a curious toddler and work so I will try my best to make the activities fun but simple to accomplish with things you already have. Facebook will be a great vehicle to get information to all of you multiple times if necessary and quickly. If you are not currently on our Facebook page please consider signing up. I do not want to bombard you with emails while you are trying to work.

Activities

- Art: Crayons and Paper. Choose 3 crayon colors and white paper so your child can easily see the color going on the paper. Encourage them to scribble or make marks. This is also a great way to work on positional directions. (Top/Bottom, front/back etc)
- Gross Motor: Start your week with a nature walk. Use this time to build language! Label everything! Choose a number and have your toddler bring you that many of what ever out door item you choose (rocks, bark, sand toys)
- Fine Motor: Start with puzzles! Ideally you want your toddler to grasp using 3 fingers or a traditional pencil grasp. Large knob puzzles are perfect for this age. If you have the opportunity to work 1:1, this would be prime time to co-do with your toddler. Using your hand over theirs guide puzzle pieces correctly. Move to small knobs and then knobless puzzles. Again, label label label!!! Language development can happen everywhere.
- Sensory: Tin Foil squares. Tape multiple squares of tin foil to the floor. Not only does it make a sound when you step on it, you can use it to work on gross motor skills such as jumping, large steps or hopping.
- Play! Your toddler needs unstructured play time. Most of your toddlers aren't able to concentrate on one activity for very long. We have the ability to keep our outside door open and allow the children to move freely.

These are just some ideas. I will have more as the time goes on. If you need to get in touch with me please email, call or text me directly. I am here for you as much as you need me!

Much health and well being,

Desert Garden Circulation on behalf of Janelle Medders