

HARVEST OF THE MONTH

VEGGIE

FRUIT

GRAIN

BEAN

HERB

AUG

SUMMER
SQUASH

MELON

AMARANTH

TEPARY

ROSE

SEP

CUCUMBER

PINEAPPLE

OATS

BLACK
EYED PEAS

BASIL

OCT

WINTER
SQUASH

APPLE

CORNMEAL

ADZUKI

CHAMOMILE

NOV

GREENS

POMEGRANATE

WILD RICE

MAYACOBIA

ROSEMARY

DEC

PARSNIPS

PEAR

BARLEY

CRANBERRY

GINGER

JAN

CAULIFLOWER

CITRUS

MILLET

CHICKPEAS

HIBISCUS

FEB

RADISH

BERRIES

QUINOA

LENTIL

DILL

MARCH

SNAP
PEAS

DATES

BUCKWHEAT

SPLIT PEAS

GARLIC

APRIL

BEETS

PLUMS

SORGHUM

SCARLET
RUNNER

THYME

MAY

TOMATOES

PEACHES

BROWN RICE

BLACK BEAN

CILANTRO